

March 2023

RMMA Calendar of Events

To sign up please contact: 250.489.8960

Sunday	Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3	Saturday 4
				Earring Making with Ankors 10:00am -1:00 p.m.	No Boxing	
5	6 Book Club The Northwest is my Mother 11-12 p.m.	7	8 Walking Wellness Wednesdays 11-2 Aqua Fit 10:15 – 11:00 p.m.	9 Earring Making with Ankors 10:00 – 1:00 p.m.	10 Youth Boxing 7-8 p.m.	11
12 Cultural Teachings and Beading Circle Library 1-3 p.m.	13 Book Club 11-12 pm Gentle Fit 6:30 – 7:30 p.m. Core Fitness	14	15 Walking Wellness Wednesday 11-12 Aqua Fit 10:15 – 11:00 p.m.	16	17 Youth Boxing 7-8 pm	18
19 Cultural Teachings and Beading Circle Library 1-3 p.m.	20	21 Metis Dot Painting 3-6 p.m. Venue TBA	22 Walking Wellness Wednesday 11-12 p.m.	23	24 Kids Trap Line with Normond 10-2p.m. Youth Boxing 7-8 p.m.	25
26 Cultural Teachings and Beading Circle Library 1-3	27 Gentle Fit 6:30 – 7:30 p.m. Core Fitness	28 Metis Dot Painting 3-6 p.m. Venue TBA	29 Salad bowl making at Top Crop! 5 p.m.	30	31 Youth Boxing 7-8 p.m. Pizza Party! End of Boxing!	Due to popularity some programs may be full. Please call the office to register.